

DELI

L.A. **JAYDE'S** C.A.

HONEST FOOD



DAILY QUALITY

# Menu

## SALADS

**KALE CAESAR** \$10  
romaine, kale, radish, croutons, parmesan

**VEGGIE CRUNCH** \$10  
romaine, cucumber, radish, tomato, daikon, sherry dressing

**THAI** \$10  
glass noodles, carrot, broccoli, peppers, peanuts, sesame seed, soy dressing

**KALE & FARRO** \$12  
kale, farro, apple, cucumber, lemon dressing

**CHINESE CHICKEN** \$10  
napa, red & green cabbage, cilantro, mushrooms, wonton, chicken, spicy mustard dressing

**SALMON CHOP** \$13  
romaine, chickpeas, sweet potato, cucumber, tomato, grilled salmon, pumpkin seeds, yogurt dressing

**ORGANIC ANCIENT GRAIN TOFU SALAD** \$12.50  
ancient grain, org kale, org carrot, cabbage, org lemon, org cucumber, miso dressing

**CLASSIC ICEBERG WEDGE SALAD** \$11.50  
baby iceberg wedge, blue cheese dressing, bacon, cucumber

## SOUPS cup5/bowl7

**SOUPE DU JOUR**  
soup of the day

**JAYDE'S SIGNATURE CHICKEN SOUP**  
roasted chicken, root vegetables, onion, tomato, garlic

## SANDWICHES

**PROSCIUTTO & BURRATA** \$12  
la quercia prosciutto, burrata, baguette

**KOREAN STEAK SANDWICH** \$13  
steak, ginger, garlic, carrot, kale, onion, baguette

**WELLNESS WRAP** \$11  
brown rice, carrots, spinach, edamame, ginger dressing, whole wheat wrap

**PASTRAMI ON RYE** \$13  
pastrami, swiss, mustard, pickles, rye bread

**TURKEY PANINI** \$13  
rosemary turkey, tarragon aioli, nitrate-free bacon, lettuce, tomato, country loaf

**GREEK VEGGIE-HUMMUS WRAP** \$11  
tomato, hummus, feta, olive, avocado, cucumber, whole wheat wrap

**ORGANIC GREEN LEAF WRAP** \$10.99  
org roasted chicken, carrots, avocado, farro, green goddess sauce

**ITALIAN PICNIC** \$13  
salami, mortadella, ham, turkey, provolone, olive tapenade, ciabatta

**CHICKEN CLUB** \$13  
organic roasted chicken, nitrate-free bacon, tomato, herb mayo, lettuce, sourdough

**FRIED CHICKEN SANDWICH** \$13  
organic chicken, celery slaw, horseradish, brioche bun

## KIDS

**KIDS LUNCHBOX** \$6.99  
mini turkey sandwich, mini ham & cheese sandwich, grapes, cheese

**KIDS SMOOTHIE** \$4.99  
banana, berries, orange juice

**KIDS HOT CHOCOLATE** \$2.50

## BREAKFAST until 11:30am

**ORGANIC EGG SANDWICH** \$6.50  
organic eggs, nitrate-free bacon, cheddar

**WHEAT-FREE EGG WHITE SANDWICH** \$6.50  
wheat-free bun, roasted vegetables,  
organic egg whites

**CHORIZO BREAKFAST BURRITO** \$6.50  
organic egg, chorizo, potato

**ORGANIC BREAKFAST BURRITO** \$6.50  
organic egg, roasted vegetables

**ENGLISH MUFFIN SANDWICH** \$6.50  
canadian bacon, gouda, organic egg,  
english muffin

**BAGEL&LOX** \$13  
choice of toasted bagel, smoked salmon,  
cucumber, tomato, cream cheese, sprouts

**BREAKFAST STEAK & EGG BURRITO** \$9.99  
steak, organic egg, avocado

## COFFEE

ESPRESSO \$3  
FLAT WHITE \$4.50  
CORTADO \$3.50  
CAPPUCCINO \$4  
LATTE \$4  
MOCHA \$4.75  
AMERICANO \$3.50  
DRIP COFFEE \$3.50  
HOT CHOCOLATE \$3.75  
HOUSECHAI \$4  
AFFOGATO \$6  
HOTTEA \$3  
ICEDTEA \$3  
KOMBUCHA ON TAP \$5  
COLDBREW \$5  
MATCHA \$5.50  
VIETNAMESE COFFEE \$5.99

### ADD-ONS +3

brain octane  
collagen  
odnova

### MILK ALTERNATIVES +1

soy, coconut, almond, macadamia,  
non-fat, breve, oat

## SMOOTHIES

**DATENIGHT** \$9  
medjool dates, salt, banana,  
cashewnut, almondmilk

**GREEN & GLOWING** \$9  
apple, kale, spinach, chlorophyll,  
coconut water

**GOLDEN BANANA** \$9  
almond milk, banana, tumeric spice,  
almond butter, honey, hemp seeds

**B3** \$9  
almond milk, blueberry, raspberry,  
strawberry, hemp seeds, honey

**HIBISCUS BERRY** \$9  
coconut water, strawberries, mango,  
hibiscus collagen

**CACOA KAPOW** \$9  
almond milk, banana, honey,  
almond butter, cinnamon, cocoa powder

**ACAI BOWL** \$7  
acai, banana, granola, chia seeds,  
bee pollen, berries, coconut water

**MANGO BOWL** \$7  
mango, banana, coconut water

### ADD-ONS +3

brain octane  
collagen  
bee pollen  
extra fruit  
protein  
odnova

