

DELI

L.A.

JAYDE'S

C.A.

HONEST FOOD



DAILY QUALITY

Menu

SALADS

KALE CAESAR \$10
romaine, kale, radish, croutons, parmesan

VEGGIE CRUNCH \$10
romaine, cucumber, radish, tomato, daikon, sherry dressing

THAI \$10
glass noodles, carrot, broccoli, peppers, peanuts, sesame seed, soy dressing

KALE & FARRO \$12
kale, farro, apple, cucumber, lemon dressing

CHINESE CHICKEN \$10
napa, red & green cabbage, cilantro, mushrooms, wonton, chicken, spicy mustard dressing

SALMON CHOP \$13
romaine, chickpeas, sweet potato, cucumber, tomato, grilled salmon, pumpkin seeds, yogurt dressing

ORGANIC ANCIENT GRAIN TOFU SALAD \$12.50
ancient grain, org kale, org carrot, cabbage, org lemon, org cucumber, miso dressing

CLASSIC ICEBERG WEDGE SALAD \$11.50
baby iceberg wedge, blue cheese dressing, bacon, cucumber

SOUPS cup5/bowl7

SOUPE DU JOUR
soup of the day

JAYDE'S SIGNATURE CHICKEN SOUP
roasted chicken, root vegetables, onion, tomato, garlic

SANDWICHES

PROSCIUTTO & BURRATA \$12
la quercia prosciutto, burrata, baguette

KOREAN STEAK SANDWICH \$13
steak, ginger, garlic, carrot, kale, onion, baguette

WELLNESS WRAP \$11
brown rice, carrots, spinach, edamame, ginger dressing, whole wheat wrap

PASTRAMI ON RYE \$13
pastrami, swiss, mustard, pickles, rye bread

TURKEY PANINI \$13
rosemary turkey, tarragon aioli, nitrate-free bacon, lettuce, tomato, country loaf

GREEK VEGGIE-HUMMUS WRAP \$11
tomato, hummus, feta, olive, avocado, cucumber, whole wheat wrap

ORGANIC GREEN LEAF WRAP \$10.99
org roasted chicken, carrots, avocado, farro, green goddess sauce

ITALIAN PICNIC \$13
salami, mortadella, ham, turkey, provolone, olive tapenade, ciabatta

CHICKEN CLUB \$13
organic roasted chicken, nitrate-free bacon, tomato, herb mayo, lettuce, sourdough

FRIED CHICKEN SANDWICH \$13
organic chicken, celery slaw, horseradish, brioche bun

KIDS

KIDS LUNCHBOX \$6.99
mini turkey sandwich, mini ham & cheese sandwich, grapes, cheese

KIDS SMOOTHIE \$4.99
banana, berries, orange juice

KIDS HOT CHOCOLATE \$2.50



BREAKFAST until 11:30am

ORGANIC EGG SANDWICH	\$6.50
organic eggs, nitrate-free bacon, cheddar	
WHEAT-FREE EGG WHITE SANDWICH	\$6.50
wheat-free bun, roasted vegetables, organic egg whites	
CHORIZO BREAKFAST BURRITO	\$6.50
organic egg, chorizo, potato	
ORGANIC BREAKFAST BURRITO	\$6.50
organic egg, roasted vegetables	
ENGLISH MUFFIN SANDWICH	\$6.50
canadian bacon, gouda, organic egg, english muffin	
BAGEL&LOX	\$13
choice of toasted bagel, smoked salmon, cucumber, tomato, cream cheese, sprouts	
BREAKFAST STEAK & EGG BURRITO	\$9.99
steak, organic egg, avocado	

COFFEE

ESPRESSO	\$3
FLAT WHITE	\$4.50
CORTADO	\$3.50
CAPPUCCINO	\$4
LATTE	\$4
MOCHA	\$4.75
AMERICANO	\$3.50
DRIP COFFEE	\$3.50
HOT CHOCOLATE	\$3.75
HOUSECHAI	\$4
AFFOGATO	\$6
HOTTEA	\$3
ICEDTEA	\$3
KOMBUCHA ON TAP	\$5
COLDBREW	\$5
MATCHA	\$5.50
VIETNAMESE COFFEE	\$5.99

ADD-ONS +3

brain octane
collagen
odnova

MILK ALTERNATIVES +1

soy, coconut, almond, macadamia,
non-fat, breve, oat

SMOOTHIES

DATENIGHT	\$9
medjool dates, salt, banana, cashewnut, almondmilk	
GREEN & GLOWING	\$9
apple, kale, spinach, chlorophyll, coconut water	
GOLDEN BANANA	\$9
almond milk, banana, tumeric spice, almond butter, honey, hemp seeds	
B3	\$9
almond milk, blueberry, raspberry, strawberry, hemp seeds, honey	
HISBISCUS BERRY	\$9
coconut water, strawberries, mango, hibiscus collagen	
CACOA KAPOW	\$9
almond milk, banana, honey, almond butter, cinnamon, cocoa powder	
ACAI BOWL	\$7
acai, banana, granola, chia seeds, bee pollen, berries, coconut water	
MANGO BOWL	\$7
mango, banana, coconut water	

ADD-ONS+3

brain octane
collagen
bee pollen
extra fruit
protein
odnova

